

February 1, 2008

**Welcome to The May Firm Newsletter!**

As a service to our clients, we at The May Firm and *Divorce Magazine* are pleased to provide you with this monthly e-newsletter and hope that the information and articles contained within are helpful, supportive, and entertaining. A. Michelle May O'Neil is nationally recognized as a leader in family law. Her firm emphasizes high-quality representation in family-law matters, with a particular emphasis on child-custody disputes, complex marital-property litigation, and appeals of family-law matters. For more information, please click here: [www.DivorceMagazine.com/TX/pro/may.shtml](http://www.DivorceMagazine.com/TX/pro/may.shtml) or view our website at: [www.themayfirm.com](http://www.themayfirm.com).

**Useful Articles:**

- 1. RELATIONSHIPS:** Valentine's Day tips from DivorceMagazine.com
- 2. CHILDREN AND DIVORCE:** The single parent's primer
- 3. DIVORCE LAWYERS:** The "A" Team
- 4. DIVORCE RECOVERY:** Divorce and Grief
- 5. HEALTH/WELL-BEING:** Fell better now!
- 6. SEPARATION/DIVORCE PROCESS:** Top Ten Tips
- 7. FINANCIAL PLANNING/INVESTMENT:** Pensions and Divorce

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**1. RELATIONSHIPS**

[Valentine's Day tips from DivorceMagazine.com](http://www.DivorceMagazine.com)

After years of collecting stories about how to handle divorce, our editors have decided to offer some of their best tips about divorce prevention -- just in time for Valentine's Day.

<http://www.divorcemag.com/c/s3/?Relationships/divorcevalentine.html>

**2. CHILDREN AND DIVORCE**

[The single parent's primer](http://www.DivorceMagazine.com)

Some hints, tips, and advice to help you face the challenges of parenting without a partner.

[http://www.divorcemag.com/c/s3/?Children\\_and\\_Divorce/parentprimer.html](http://www.divorcemag.com/c/s3/?Children_and_Divorce/parentprimer.html)

**3. DIVORCE LAWYERS**

[The "A" Team](http://www.DivorceMagazine.com)

An introduction to the divorce professionals who can help you achieve the ultimate goal: a balanced, fair, and civilized divorce.

[http://www.divorcemag.com/c/s3/?Divorce\\_Lawyers/the\\_a\\_team.html](http://www.divorcemag.com/c/s3/?Divorce_Lawyers/the_a_team.html)

**4. DIVORCE RECOVERY**

[Divorce and Grief](http://www.DivorceMagazine.com)

A special interview with Russell Friedman, executive director of The Grief recovery Institute and co-author of *The Grief Recovery Handbook*.

[http://www.divorcemag.com/c/s3/?Divorce\\_Recovery/divorce\\_and\\_grief.html](http://www.divorcemag.com/c/s3/?Divorce_Recovery/divorce_and_grief.html)

**5. HEALTH/WELL-BEING**

[Fell better now!](http://www.DivorceMagazine.com)

Toxic relationships and experiences bring misery, make you feel stuck, and accelerate aging. You must identify and eliminate toxins from your body, mind, and soul to awaken your capacity for renewal and joy.

[http://www.divorcemag.com/c/s3/?Health\\_Well\\_Being/feelbetternow.html](http://www.divorcemag.com/c/s3/?Health_Well_Being/feelbetternow.html)

**6. SEPARATION/DIVORCE PROCESS**

[Top Ten Tips](http://www.DivorceMagazine.com)

Here's the inside scoop on how to save on legal fees in a divorce.

[http://www.divorcemag.com/c/s3/?Separation\\_Divorce\\_Process/top\\_ten\\_tips.html](http://www.divorcemag.com/c/s3/?Separation_Divorce_Process/top_ten_tips.html)

**7. FINANCIAL PLANNING/INVESTMENT**

[Pensions and Divorce](http://www.DivorceMagazine.com)

[http://www.divorcemag.com/c/s3/?Financial\\_Planning/pensions.html](http://www.divorcemag.com/c/s3/?Financial_Planning/pensions.html)

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